



Four Forest

**EXTRACURRICULAR ACTIVITIES
BLOCK A**

25 AUGUST - 28 NOVEMBER 2025

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WHY WE OFFER EXTRACURRICULAR ACTIVITIES

Extensive research shows a correlation between the skills taught in SEL (Social-Emotional Learning) programmes and academic achievements, positive behaviour, and healthier life choices. SEL programmes help students develop essential skills such as self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. These skills contribute to improved academic performance, reduced behavioural problems, and increased emotional well-being.

Participating in co-curricular activities after school further enhances SEL learning by providing students with opportunities to practice these skills in real-world settings. Activities like sports, arts, and clubs encourage teamwork, empathy, and resilience, reinforcing the principles taught in SEL programs.

By engaging in these activities, students not only have fun and make new friends but also learn to navigate social situations, manage stress, and set and achieve goals. This holistic approach to education ensures that students are well-prepared for future challenges both academically and personally.



GENERAL INFORMATION

Extracurricular Activities Programme

We are excited to announce a new structure for our extracurricular activities programme, designed to optimize participation and learning capabilities. Activities will now run in 12-week blocks, allowing students to fully immerse themselves in their chosen courses while offering flexibility to explore new interests throughout the year.

Why the 12-Week Block Structure?

The shorter, focused duration of our blocks promotes better engagement and allows students to balance their interests with academic commitments. This format also provides the opportunity to explore a variety of activities over the course of the year.

Key Features of the Programme

- **Limited Spaces for Enhanced Learning:** Each course has a defined capacity to ensure an optimal environment for all participants. Spaces are allocated on a first-come, first-served basis.
- **12-Week Commitment:** Registrations are now made per 12-week block, allowing parents and students to evaluate their participation on a more manageable timeline.
- **Mid-Block Entry:** Students may join mid-block if spaces are available, ensuring flexibility while maintaining group continuity.

Expert-Led Activities

All activities will be coached and taught by professionals who specialize in their respective fields. Each course is conducted by trusted external companies, carefully selected by Four-Forest to ensure the highest quality instruction and enriching experiences for our students.

Cancellations and Refunds

As we are running the programme in 12-week blocks, cancellations will not be necessary to submit. Before the end of the 12-week block, a new schedule will be sent out for you to sign-up for. However, if you wish to cancel during the 12-week block please get in touch with us via email. Refunds are not applicable for absences or withdrawals made after the block begins.

IMPORTANT INFORMATION

Club Minimum Participation Requirements

All clubs listed require a minimum of either 4 to 6 participants to run. If the minimum number of students is not met, the club will not run during the 12-week allocated block.

Additional Clubs

If significant interest is expressed in a ECS it may be possible to add a second class. However, please keep in mind that lessons would be back-to-back.

Trials

The starting week of activities will serve as a trial period. No additional trials for Block A will be held during the 12-weeks.

Parent Pick-Up Information

If your child is signed up for an Extracurricular activity, please ensure you arrive on time for pick-up. If you anticipate being late, please call ahead. If your child is not picked up on time after their club ends, they will be sent to ASC care, where additional charges will apply. The school closes at 18:00 PM, so it is essential that all parents arrive before then.

If Your Child Is Signed Up for Both an ECA Activity and ASC Care

If you require additional care for your child before or after their activity, please ensure they are registered for ASC care. If not, they will be added to a casual attendance list, and fees will be incurred. For clarification: If your child is signed up for ASC care until 18:00 PM but is participating in a club that ends at 16:30, you will only be billed from 16:30 onwards for ASC care.

WEEKLY TIMETABLE

Day	ECA Activity	Time	Grades	Staffing
Monday	Homework Club	15:30 – 16:30	G1, G2 & G3	Internal – Teacher & Teaching Assistant
Monday	Playball	15:30 – 16:30	Preschool, 1.KG, 2.KG	External – Playball Kids
Monday	Drama	15:30 – 16:30	2.KG, G1, G2 & G3	External – Masterplan
Monday	Cross Country	15:30 – 16:30	G2, G3, G4, G5 & G6	Internal – Bettina & Amelia
Monday	Digital Video Club	15:30 – 16:30	G4, G5 & G6	External – Masterplan
Tuesday	Homework Club	15:30 – 16:30	G1, G2 & G3	Internal – Teacher & Teaching Assistant
Tuesday	Study Time	15:30 – 16:30	G4	G4 Teacher
Tuesday	Study Time	16:00 – 16:30	G5 & G6	G5 & 6 Teacher
Tuesday	Yoga 1	15:30 – 16:30	Preschool – G3	External – Sunshine Yoga
Tuesday	Coding	15:30 – 16:30	1.KG – G1	External – Masterplan
Tuesday	Kung Fu	16:00 – 17:00	G3 – G6	External – Mein Tempel
Tuesday	Yoga 2	16:30 – 17:30	G4, G5 & G6	External – Sunshine Yoga
Wednesday	Piano	12:30 - 18:00	2.KG – G6	External - Maral
Wednesday	Dance Club 1	12:30 - 13:30	G2, G3, G4, G5 & G6	External – Masterplan
Wednesday	Science Club 1	12:30 - 13:30	G1, G2 & G3	External – Masterplan
Wednesday	Karate	13:30 - 14:30	1.KG, 2.KG, G1 & G2	External – Masterplan
Wednesday	Russian Club 1	15:00 – 16:00	Beginners	External - Luba Bakaleynik
Wednesday	Russian Club 2	16:00 – 17:30	Advanced	External - Luba Bakaleynik
Thursday	Homework Club	15:30 – 16:30	G1, G2 & G3	Internal – Teacher & Teaching Assistant
Thursday	Study Time	15:30 – 16:30	G4	G4 Teacher
Thursday	Study Time	16:00 – 16:30	G5 & G6	G5 & 6 Teacher
Thursday	Play Sport	15:30 – 16:30	G1, G2, G3	External - Playball
Thursday	Art Club	15:30 – 16:30	G1, G2, G3, G4	Internal – Vanessa/Zaldia
Thursday	Chinese 1	15:30 – 16:30	Beginners	Little Mandarin
Thursday	Piano	15:30 – 18:00	2.KG – G6	External - Maral
Thursday	Guitar	15:30 – 18:00	2.KG – G6	External - Ruedi
Thursday	Science Club 2	16:00 – 17:00	G4, G5 & G6	External – Masterplan
Thursday	Chinese 2	16:30 – 17:30	Intermediate/Advanced	Little Mandarin
Friday	Future Technologies	15:30 – 16:30	G2, G3, G4, G5 & G6	Tech Academy
Friday	Dance Club 2	15:30 – 16:30	1.KG, 2.KG & G1	External – Masterplan

TRIMESTER 1

August

Mo	Tu	We	Th	Fr	Sa	Su
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

September

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

March

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

October

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

TRIMESTER 3

April

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

November

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May

Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

TRIMESTER 2

December

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

January

Mo	Tu	We	Th	Fr	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

July

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5

Green = weekends & holidays

Immaculate conception 08.12.25 / Good Friday 03.04.26 / Easter Monday 06.04.26 / Ascension 14.05. & 15.05.26 / Whitsuntide 25.05.26 / Corpus Christi 04.06. & 05.06.26 / School start 2026 – Monday 17.08.26

CLUB OVERVIEW

CREATIVE CLUBS:

- ART CLUB
- DRAMA CLUB
- DANCE CLUB

SPORTS CLUBS:

- PLAYBALL
- PLAYSPORT
- KUNG FU
- CROSS COUNTRY
- KARATE
- YOGA

SCIENCE & TECHNOLOGY CLUBS

- DIGITAL VIDEO CLUB
- CODING
- FUTURE TECHNOLOGIES
- SCIENCE CLUB

LANGUAGE CLUBS

- RUSSIAN
- CHINESE

MUSIC CLUBS

- PIANO
- GUITAR

EDUCATIONAL & ACADEMIC CLUBS

- HOMEWORK CLUB
- STUDY TIME

More details about each activity can be found on the following pages.

ART CLUB

At our Art Club, we offer more than just fun—we provide a vibrant world of creativity, skill development, and a deep love for the arts. Imagine your child diving into a colourful realm of shapes and textures where their imagination can soar! From painting and drawing to sculpture, children will try their hand at a variety of artistic techniques, discovering their unique talents and passions along the way. Join us and watch your child's artistic journey unfold in the most fun and exciting ways!

Who: Grade 1 - Grade 4

When: Thursday 15:30 - 16:30

Cost: CHF 276

Coach: Vanessa/Zaldia



DRAMA CLUB

Lights, camera, imagination!

Drama club is the perfect place for younger kids to build confidence, explore emotions, and express themselves in creative and playful ways. Through role-play, movement, and storytelling, students will become characters, create scenes, and develop their performance skills. The club ends with a delightful short performance where students take the stage—complete with costumes, big personalities, and even bigger smiles! This will be shared with the parents via email at the end of the semester if in person attendance is not possible.

Who: 2 Kindergarten, Grade 1, 2 & 3

When: Monday 15:30 - 16:30

Cost: CHF 390

Coach: Masterplan Instructor



DANCE CLUB

Group 1: This club is for older dancers who want to level up their skills and try out exciting dance styles like modern, jazz, and hip-hop. Students will learn full routines, practice musicality, and work together as a team while building strength, rhythm, and performance confidence. The term (Block) ends with a high-energy performance where dancers get to take the stage and show off their moves—complete with their own choreographed routine and lots of well-deserved applause! This will be shared with the parents via email at the end of the semester (Block) if in person attendance is not possible.

Who: Grade 2, 3, 4, 5 & 6

When: Wednesday 12:30 - 13:30

Cost: CHF 390

Coach: Masterplan Instructor

Group 2: Let's move, groove, and shine! In this joyful dance club, younger students will discover the magic of movement through imaginative choreography, playful routines, and upbeat music. Each class helps build coordination, confidence, and rhythm in a supportive and energetic atmosphere. By the end of the term (Block), dancers will perform a group routine full of smiles, sparkle, and personality—guaranteed to get the whole audience clapping and dancing along! This will be shared with the parents via email at the end of the semester (Block) if in person attendance is not possible.

Who: 1 KG, 2 KG & G1

When: Friday 15:30 - 16:30

Cost: CHF 390

Coach: Masterplan Instructor





Who: Preschool, 1 & 2 KG
When: Monday 15:30 - 16:30
Cost: CHF 360
Coach: Playball Instructor

An international sports and movement program coaching children around the world

Pre-school & 1 Kindergarten

Designed for 3 - 4 year olds, to actively promote a healthy lifestyle and a passion for fitness from a young age. With opportunities both indoors and outdoors, this course teaches sports skills whilst developing coordination, agility, speed and fitness. Looking at a wide range of sporting activities, team work and the importance of positive lifestyle choices.

Learning outcomes:

- Increases self-confidence, independence, coordination, stability, spacial awareness and concentration.
- Boosts positive social integration, co-operation, team work, respect for other children and decision making skills.
- Providing your child with fundamental skills to lay the foundation for a successful future in sports!



2 Kindergarten

Specifically designed for children aged 4-6 years, this program actively fosters a healthy lifestyle and a love for fitness from an early age.

This comprehensive course enhances coordination, agility, speed, confidence, and overall fitness while maintaining a positive, pressure-free environment that boosts self-assurance and supports individual growth. The goal is to prepare children for a lifetime of positive and confident sports participation.

Learning outcomes:

- Develops sports skills and fitness
- Boosts coordination and agility
- Builds confidence in a fun environment
- Encourages teamwork and discipline
- Prepares kids for lifelong sports enjoyment



For more information see the website:

www.playballkids.com



Who: Grade 1, 2 & 3
When: Thursday 15:30 - 16:30
Cost: CHF 360
Coach: Play Sport Instructor

3 x 12 week Journey

The Play Sport Programme refines the more demanding ball skills for sports that are covered in schools and clubs.



Trimester 1

21 Aug - 27 Nov

Block 1 focuses on **BASKETBALL** and **BASEBALL**, introducing key skills like dribbling, throwing, catching, and batting. Fun games and simple activities help build coordination, teamwork, and confidence on the court and field.

In Block 2, children will discover **HANDBALL** and **HOCKEY**. Sessions will focus on passing, shooting, and moving with the ball, while learning the basics of team play, attack, and defence in fast-paced, engaging games.

Trimester 2

4 Dec - 26 Mar



Trimester 3

2 Apr - 2 Jul

Block 3 brings **TENNIS** and **VOLLEYBALL**, developing hand-eye coordination, rallying, serving, and basic court positioning. Fun drills and mini-games encourage teamwork and active movement in a supportive environment.

The main emphasis of this programme is:

- Development of skills needed in a game situation
- The refinement of when, where and how to move in the execution of a skill
- The continued development of skills relating to "direction, distance and positioning"
- Introduction to teamwork and continued development of partner work
- Development of decision making in a game situation
- Playing small-sided sports games

KUNG FU

Kung Fu means "to achieve something and acquire a skill through training, through hard, diligent and patient work."

Kick-it!!! Here the children learn kicks, punches, Kung Fu forms, self-defence, body balance, stretching exercises and meditation.

Kung Fu trains body awareness, which helps the children to get to know themselves better and gain self-confidence.

During the exercises with other children, they learn to show respect for others and themselves.

Who: Grade 3, 4, 5 & 6

When: Tuesday 16:00 - 17:00

Cost: CHF 540

Coach: Jackey - Mein Tempel



CROSS COUNTRY CLUB

Join the School Cross Country Club and embark on an exciting journey of fitness, friendship, and fun! Designed for children of all skill levels, the club offers weekly training sessions that focus on building endurance, teamwork, and a love for running. Participants may have the chance to compete in local cross-country events, where they can showcase their skills and represent our school with pride. With dedicated coaches and a supportive environment, students will not only improve their running but also make lasting memories and friendships. Sign up today and let's hit the trails together!

Who: Grade 2, 3, 4, 5 & 6

When: Monday 15:30 - 16:30

Cost: CHF 300

Coach: Amelia & Bettina - Four Forest School



KARATE CLUB

Fostering discipline, focus and respectful interaction through martial arts. The students will learn basic stances, movement drills, kata practice and self-control exercises. The fun and engaging classes teach essential self-defense skills, boost confidence, and promote discipline while learning teamwork and respect. With experienced instructors and a supportive environment, students will develop not only physical strength but also important life skills.

Who: 1 KG, 2 KG, Grade 1 & 2

When: Wednesday 13:30 - 14:30

Cost: CHF 390

Coach: Masterplan Instructor



YOGA CLUB

Get ready to stretch, breathe, and relax with our super yoga classes! Yoga is an amazing way to boost your body and mind, making you feel fantastic all over. It's a place where gentle movements turn you into a flexible superhero, and breathing exercises calm your mind like magic. You'll build strength and coordination, helping you stay healthy and active. Yoga isn't just great for your body—it helps you understand and manage your feelings, keeping stress at bay and bringing inner peace. Plus, mindfulness techniques will sharpen your focus, making school and daily tasks a breeze.

Every class is a fun journey where you can master cool poses, build confidence, and make new friends in a supportive, non-competitive space. Group sessions are all about teamwork and empathy, so you'll have a blast connecting with others. Join our yoga adventure and discover the power of calm, strength, and happiness!

Who: Group 1: Preschool, 1 & 2 KG, Grade 1, 2 & 3

When: Monday 15:30 - 16:30

Who: Group 2: Grade 4, 5 & 6

When: Monday 16:30 - 17:30

Cost: CHF 276

Coach: Andrea - Sunshine Yoga



DIGITAL VIDEO CLUB

Video Stars: Create & Share!

This club is where creativity meets technology! Budding directors, editors, and vloggers will learn the art of storytelling through video. Students will explore everything from planning storyboards and filming to editing with beginner-friendly tools—and yes, we'll even explore the basics of how YouTube works (safely and responsibly, of course!). Each child will create their own short video or collaborate on a group project. The term wraps with a red-carpet-style premiere where students showcase their final films to a cheering audience. Whether it's a how-to video, a skit, or a mini documentary, your child will learn real digital media skills while having a blast. This will be shared with the parents via email at the end of the semester if in person attendance is not possible

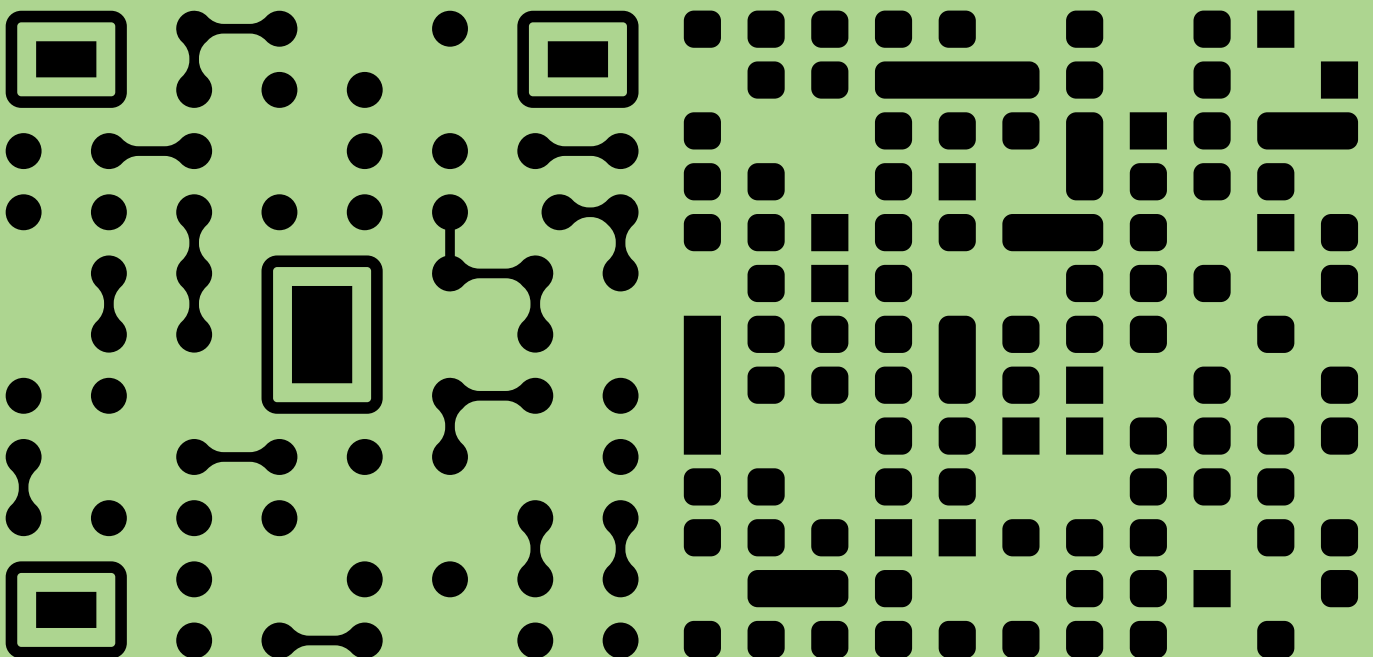
Who: Grade, 4, 5 & 6
When: Monday 15:30 - 16:30
Cost: CHF 390
Coach: Masterplan Instructor



CODING CLUB

Welcome to the wonderful world of early coding! In this fun and friendly club, our youngest learners will explore the building blocks of logic, sequencing, and problem-solving using age-appropriate, mostly screen-free tools. Through storytelling, games, and hands-on activities, students will “think like coders” without even realizing they’re learning foundational skills. By the end of the term, they’ll have created their very own interactive digital story or game using beginner-friendly platforms. Parents will be invited to a mini digital showcase where these budding tech stars can proudly share what they’ve built!

Who: 1 & 2 KG & Grade 1
When: Tuesday 15:30 - 16:30
Cost: CHF 390
Coach: Masterplan Instructor



FUTURE TECHNOLOGIES

Future Technologies: Unleash Innovators

Over 12 thrilling weeks, club members will dive into hands-on Artificial Intelligence sessions, coding, and epic build-and-program adventures with Lego® Mindstorms EV3.

Each week, participants tackle real-world challenges, teaching machines to “think,” building prototypes, and bringing autonomous robots to life with Coding skills.

Starting with Artificial Intelligence to allow the members to integrate it into daily life and club sessions.

Beyond the Classroom

We've sprinkled in one or two exciting excursions to ignite curiosity beyond the classroom (think behind-the-scenes visits to local tech labs and design studios!).

By the end of the block, members will master core principles of AI, Coding, and robotics while building confidence in teamwork, creative problem-solving, and future-ready skills.

Ready to spark a lifelong passion for technology?

Who: Grade 2, 3, 4, 5 & 6

When: Friday 15:30 - 16:30

Cost: CHF 480 *

Coach: Tech Academy Instructors

* Note: an small additional fee will be charged for school bus transport to and from planned excursions. This will be communicated to all parents along with full details prior to the excursion.



SCIENCE CLUB

Science Explorers 1: Younger Group

Get ready for fizz, pop, and wow! In this engaging science club for younger learners, we'll experiment with everyday materials to explore big ideas in a fun, hands-on way. From erupting volcanoes to magical floating boats and rainbow rain, children will learn how science explains the world around them. The club finishes with a "Science Show & Tell" made by Masterplan instructors where each child presents their favourite experiment to parents and friends—celebrating their curiosity and discoveries. This will be shared with the parents via email at the end of the semester if in person attendance is not possible.

Who: Grade 1, 2 & 3

When: Wednesday 12:30 - 13:30

Cost: CHF 440

Coach: Masterplan Instructor

Science Explorers 2: Older Group

Older students will dive into chemistry, physics, and biology through exciting and sometimes explosive experiments! We'll build circuits, test chemical reactions, and check in with the students about their interests and possible experiments to match the same. Each session blends fun with real scientific thinking, encouraging students to ask questions and solve problems like real young scientists. The term concludes with a mini project presentation, where students share their coolest discoveries in an interactive and informative showcase. This will be shared with the parents via email at the end of the semester if in person attendance is not possible.

Who: Grade 4, 5 & 6

When: Thursday 16:00 - 17:00

Cost: CHF 440

Coach: Masterplan Instructor

RUSSIAN CLUB

Ready to embark on a super fun Russian adventure? At this age, you're like language superheroes, ready to tackle more exciting challenges. Our lessons mix grammar, vocabulary, and conversation practice to make you a Russian pro in no time!

Learning will be dynamic and enjoyable!

So, let's dive in and make learning Russian an unforgettable adventure!

Who: Group 1: Beginners

When: Wednesday 15:00 - 16:00

Cost: CHF 396

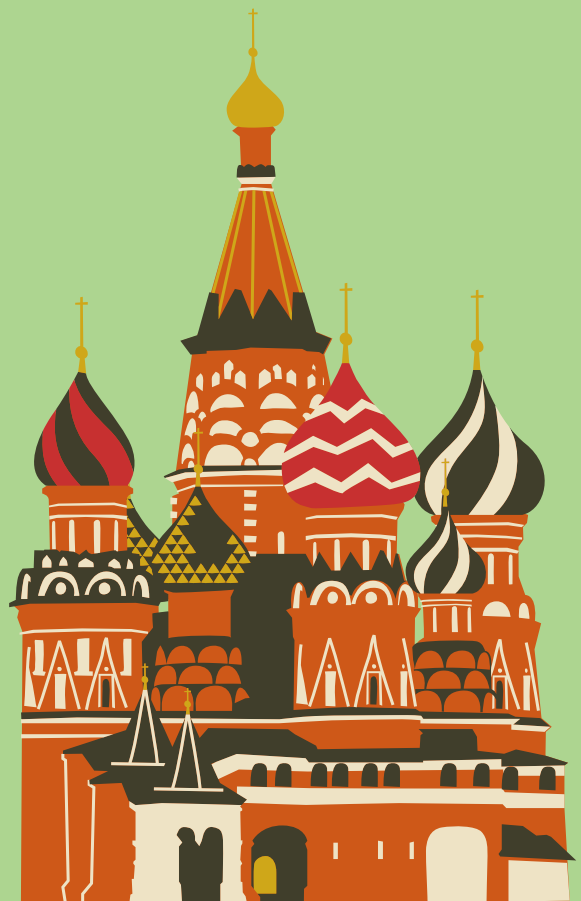
Coach: Liubou Bakaleynik

Who: Group 2: Advanced

When: Wednesday 16:00 - 17:30 (1.5 hours)

Cost: CHF 600

Coach: Liubou Bakaleynik



CHINESE CLUB

Give your child a head start with Mandarin Chinese—one of the world's most spoken and influential languages.

Learning Mandarin at an early age helps children:

- Build intercultural awareness
- Strengthen cognitive and academic skills
- Develop natural pronunciation and fluency

Our fun, age-appropriate lessons make language learning both effective and enjoyable.

Join the Chinese Club and open the door to a global future.

Who: Group 1: Beginners

When: Thursday 15:30 - 16:30

Who: Group 2: Advanced

When: Thursday 16:30 - 17:30

Cost: CHF 516 *

Coach: Little Mandarin Teacher

* This cost includes fee for learning material

Should the minimum number of students not be reached for group lessons (min. 4 students), private lessons will be possible at slightly higher rates, either for 30 minutes or 1 hour.




PIANO CLUB

Piano Adventures for Little Learners!

Does your child love music and want to play the piano? Our special course is designed for little hands and big imaginations! Through fun games, catchy songs, and gentle guidance, we help kids learn piano step-by-step.

 One-on-one 30-minute lessons tailored to each child's pace and interests

 Explore musical notes, rhythms, and simple tunes with plenty of encouragement

Build confidence, creativity, and a lifelong love for music in a joyful, friendly environment

Perfect for kids just starting out — let's make every lesson a musical adventure!

Who: 2 KG - Grade 6

When: Wednesday 12:30 - 18:00 & Thursday 15:30 - 18:00 *

Cost: CHF 480

Coach: Maral Verbol

*The Activities & Operations Coordinator will put together the lesson schedule. Aiming to provide the best time slot for each student.



GUITAR CLUB

Unlock your child's musical potential with our fun and engaging guitar lessons! In a friendly and supportive environment where young learners can explore their creativity, develop essential skills, and build confidence. Whether they're strumming their first chord or perfecting their favourite song, the tailored 30 minute lessons make learning the guitar an exciting adventure. Sign up today and let the music begin

Who: 2 KG - Grade 6

When: Thursday 15:30 - 17:30

Cost: CHF 456

Coach: Ruedi Leu

*The Activities & Operations Coordinator will put together the lesson schedule. Aiming to provide the best time slot for each student.



HOMework & STUDY CLUBS

Our Homework & Study Clubs provide students with academic support, a structured study environment, and the foundation for positive learning habits. They offer a quiet, organised space for focused study, enabling students to manage their time effectively and cultivate strong study practices.

By encouraging collaborative learning and peer assistance, students can share knowledge and help each other, boosting their confidence and academic performance. The supervised sessions are not 1:1 but are overseen by a teacher and *teachers assistant, ensuring students stay on top of their homework and studying in a supportive and guided setting.

Who: Grade 1, 2, 3 (students will join together for this 30 min session)

When: Monday, Tuesday & Thursday 15:30 - 16:00

Cost: Free

Coach: A teacher and *Teachers Assistant

Who: Grade 4

When: Tuesday & Thursday 15:30 - 16:30

Cost: Free

Coach: Grade 4 Teacher

Who: Grade 5 & 6

When: Tuesday & Thursday 16:00 - 16:30

Cost: Free

Coach: Grade 5 & 6 Teacher

